

Low time frame triggers /LTF/ - CISD

As explained in the previous **PDF - Ranges** I use high time frame and low time frame combination for taking a trades. Using the higher time frame for bias and trigger number 1 and lower time frame for trigger number 2.

First trigger is the price action on **HTF /higher time frame/**, could be a sweep of the range high or range low, could be a sweep of a swing high or a swing low, could be sweep of a bullish **OB /orderblock/** or a bearish **OB /orderblock/**, could be sweep of a bullish breaker or a bearish breaker and sweep of a bullish **FVG /fair value gap/** or a bearish **FVG /fair value gap/**. All the same - **sweep/SFP** on a higher time frame bullish or bearish **POI /point of interest/**. **Sweep/SFP** can be found in lesson “**Swing high, swing low, SFP/Sweep**”

In the past I used to trade just by using the **HTF** levels and put my limits blindly without waiting for **LTF** triggers and confirmations, like putting a limit for a long trade on a H12 swing low or within a bullish **OB**. It was working but the results weren't the best, also I was struggling where to put my stop loss since I wasn't waiting for any confirmations and pretty often my limits were hit and my stop loss as well within the same candle. I had to refine my system and thanks to Trader Mayne I have started using low time frame confirmations and triggers before opening a trade.

Using lower time frames as confirmations lead to missing some entries, but you are missing some stops, hence using more confirmations especially the combination of **HTF + LTF** trigger is giving much more confluence in the trade.

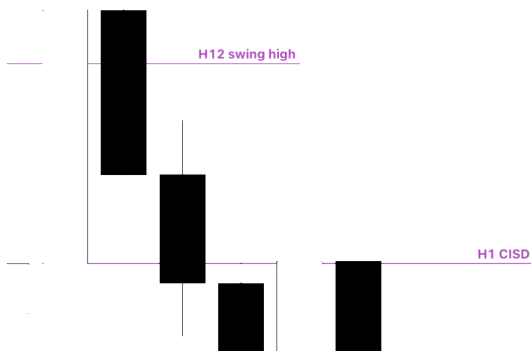
W1/H12, D3/H6, D1/H2, H12/H1, H8/M30, H4/M15, H2/M10, H1/M5 and **M15/M1** is the time frame combinations I use. I mostly trade **H12/H1, H4/M15** and started scalping recently on **H1/M5**. So lets take **H12/H1** for example, the **H12** is the higher time frame I use for bias and trigger number 1, once the **HTF** trigger is met I zoom in on **H1** and looking for either **CISD** or **MSB**. On the next pages you will find explanation for **CISD**, and in the next **PDF** for **MSB**.

CISD - Change in a state of delivery

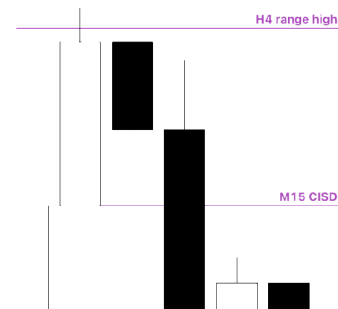
Change in the state of delivery /**CISD**/ is earlier signal of reversion than market structure break /**MSB**/. Using it the **RR /risk/reward/** is much better, but the risk of fake signal is higher.

CISD can identify trend shift early. As a name says change in the state of delivery means that, if the range is bullish and a **CISD** occurred after sweeping the range low, the **CISD** marks the end of downtrend and start of a new move towards the range high and vice versa.

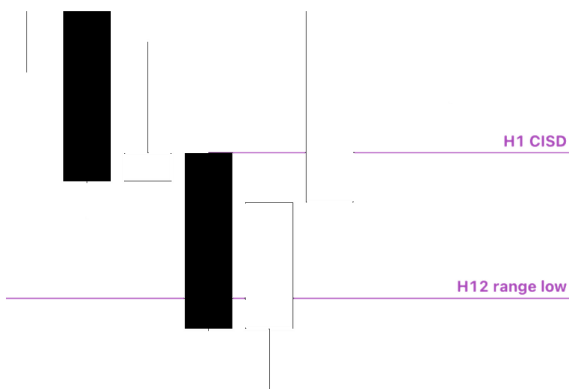
CISD is the **LTF /low time frame/** candle that closes/sweeps above/below the **HTF /high time frame/ POI /point of interest/** such as **range high** or **range low**, **swing high** or **swing low**, **bullish OB /orderblock/** or **bearish OB /orderblock/**, **bullish breaker** or **bearish breaker**, **bullish FVG /fair value gap/** or **bearish FVG /fair value gap/**.



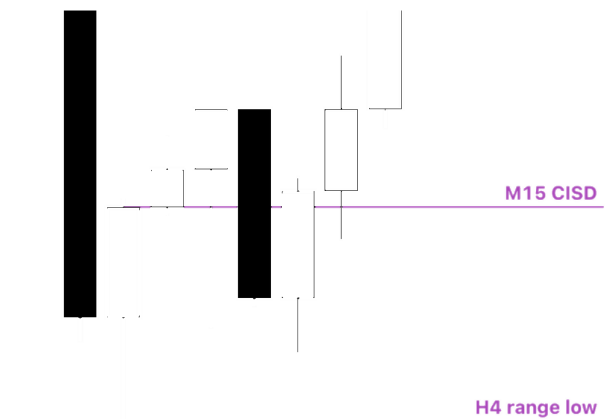
H12 swing high was swept on HTF. On H1 time frame hourly candle closed above the HTF POI.



H4 range high was swept on HTF. On M15 time frame M15 candle swept the HTF POI.



H12 range low was swept on HTF. On H1 time frame hourly candle closed above the HTF POI.



H4 range low was swept on HTF. On M15 time frame M15 candle swept the HTF POI.

M15 CISD short example

CISD example on **LTF /low time frame/**, in this case the price have swept the **H4 range high** on **HTF /high time frame/**, The **CISD** here is a sweep on the **H4 range high** on **LTF /low time frame/**.

Here you can see how CISD looks like. The **H4 range high** was swept on **HTF /high time frame/** and you have zoomed in on **M15**. The first candle that **CLOSED ABOVE THE H4 RANGE HIGH ON LTF /low time frame/** is your **CISD** candle /marked with green arrows/. Once the price **CLOSED BELOW THE BODY OF THE OF THE CISD CANDLE**, you have a confirmed **CISD** and you can place limits for short at the **CISD** line.

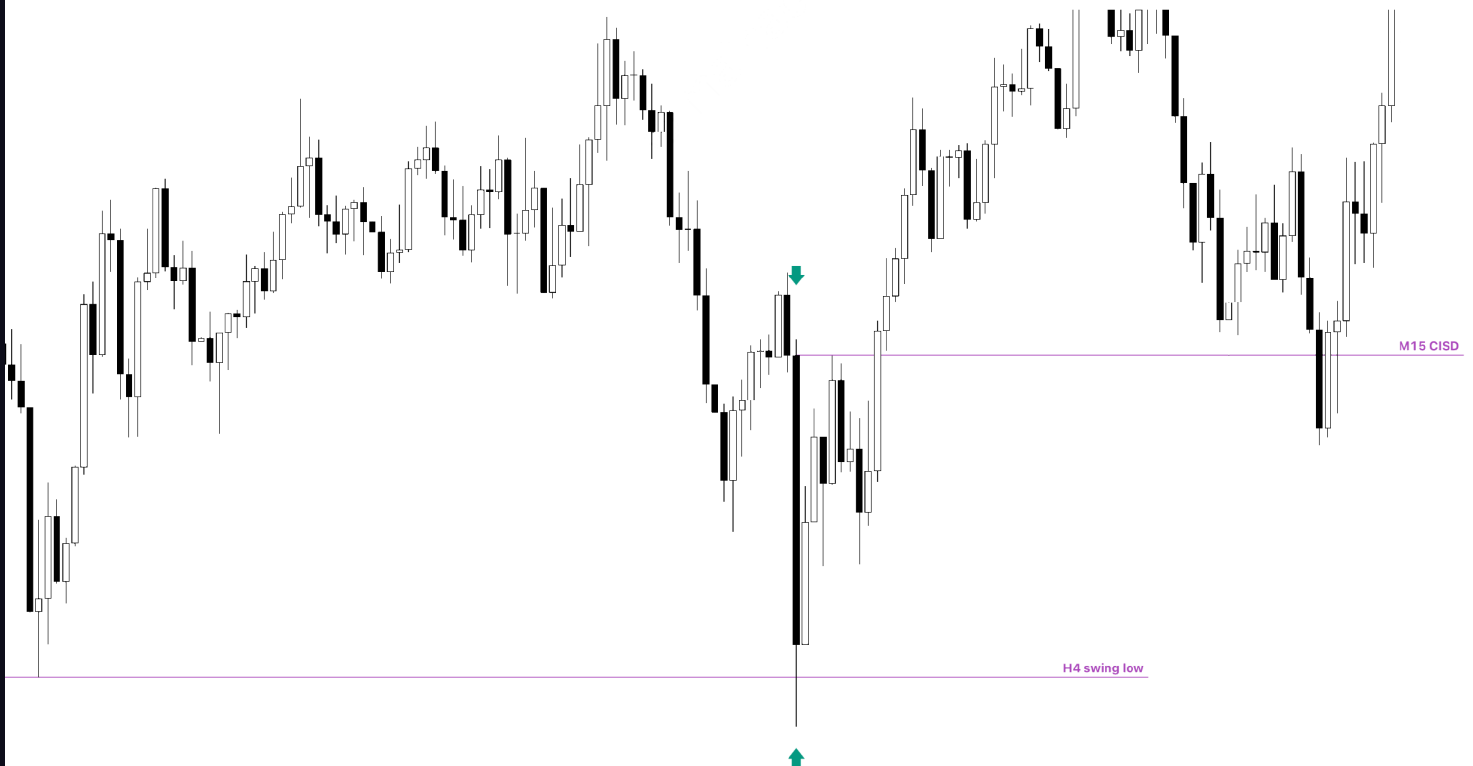


M15 time frame

M15 CISD long example

Another example of **CISD** on **LTF /low time frame/** here, but in this case the price have swept a **H4 swing low** on **HTF /high time frame/**, not a **H4 range high** as the example above. Also here the **CISD** is a sweep on the **H4 swing low** on **LTF /low time frame/**.

Here you can see how CISD looks like. The **H4 range low** was swept on **HTF /high time frame/** and you have zoomed in on **M15**. The first candle that **SWEPT BELOW THE H4 RANGE LOW ON LTF /low time frame/** is your **CISD** candle /marked with green arrows/. Once the price **CLOSED ABOVE THE BODY OF THE OF THE CISD CANDLE**, you have a confirmed **CISD** and you can place limits for long at the **CISD** line.



M15 time frame

H4/M15 long I've took.



H4 time frame. Bullish H4 range, the **H4 range low** and the previous sweep have been swept. Once the big wick white candle closed on **H4** I have zoomed on **M15** to find my entry.



M15 time frame. After zooming on **M15** time frame the first **M15** candle that closed below the **H4 range low** line is the **CISD**. The **CISD** has already happened so I placed limits for long at the **CISD** line, stops below the sweep wick and take profits at the opposite range aka the **H4 range high**. (screenshot is zoomed so you can see where the **CISD** exactly is, that is why the take profit can't be seen here)



M15 time frame - trade was filled and take profit was hit. As you can see after placing the limits at the **CISD** line the price went down, filled me and went straight to the **H4 range high** without any drawdown. **3.08R** profits were booked from this trade.

H1/M5 Short example



H1 time frame - the **H1 range high** was swept. The liquidity above the **H1 range high** was taken so the next move should be to the opposite direction aka the **H1 range low**. Once you have **H1** candle closed as a sweep you can zoom in on **M5**.



M5 time frame - as soon as you have the **HTF /high time frame/** candle closing as a sweep, you can zoom on **LTF /lower time frame/** to find your entry. The **M5** candle that swept the **H1 range high** is the **CISD** here. Once we broke below the **M5 CISD** line the **CISD** is confirmed and I have placed limits for short at the line, stop loss at the sweep wick and take profit at the opposite direction aka the **H1 range low**. The setup provided **4.3R** profit.

CISD Conclusion

Those are the two type of **CISD** I'm using in my trading:

- 1/ **Close** above/below the **HTF POI** on **LTF**.
- 2/ **Sweep** above/below the **HTF POI** on **LTF**.

In my opinion and experience the candle that **CLOSES** above or below the **HTF /high time frame/ POI /point of interest/** on **LTF /lower time frame/** are more strong in terms of support and resistance.